



# Beyond the screens

## Kit for an Enlightened Digital Youth



# Who we are?

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Africa Data Protection is a non-profit association which aims to actively contribute to a secure and ethical digital future for all African citizens

We aim to promote the confidentiality, security and integrity of personal data across the continent. We also want to play a leading role in the innovation and regulation of disruptive technologies in Africa.

This means raising awareness of the importance of the topic through education and training campaigns, as well as mobilizing and synergizing skills of all African expertise on the subject.

We want to play a key role in helping African society move towards responsible use of information technologies, by ensuring that everyone's fundamental rights to privacy and data protection are respected.



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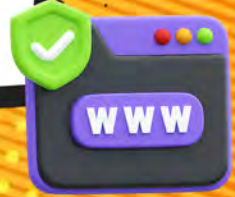
2 : Protecting your privacy online

3 : Security and privacy

4 : Responsible Internet use and privacy



Hi friends! I want to share with you what I found in the kit given by the Africa Data Protection Association.



In it, you can find interesting information about digital challenges and practical tips to protect our personal data.

Interesting! I'm ready to follow you on this new digital adventure!

Me too!



# Welcome young digital explorer!



Whether you love playing video games, find social networks super interesting, or are just curious about exploring the huge world of the internet, this guide is for you.



Today, the internet is like a big virtual world full of exciting adventures, but there are also some hidden dangers you need to watch out for.





## Introduction

In this guide, we're going on an adventure together to learn how to keep your special information safe, how to explore the internet safely, and how to keep your privacy... really private!

Just like a budding explorer in the digital world, you'll learn how to spot online risks like viruses and scams, and you'll learn to use the digital tools needed to protect yourself.

This adventure is important because, just like in real life, it's essential to know how to stay safe while exploring new places.

Internet is an amazing place where you can learn, play, create, and connect with friends and family. But just like you learn to cross the street safely, it's important to learn to navigate online in the same way.

So... Are you ready to become an online safety/security champion?

Let's go for this digital adventure!

Remember, the internet is your playground, and with the right practices, you can make it even more fun and safe!

Here we go!



# 1 : Understand the Internet and Personal Data



Did you know that the Internet is like a huge worldwide club where people connect, share stuff, and chat with each other from all over the world?



It's fascinating! But how did all of this start?



The World Wide Web paved the way for emails, websites, social media, and many other things.



Internet was developed in the 1960s. And in the 1990s, with the advent of the World Wide Web, Internet really took off!



But remember, when you're online, you leave traces of your activity!

And these traces can be used by companies to show you ads that fit you, but they can also be seen by malicious people who want to do harm.







Our personal data is valuable, and we have the right to control what we share online.



Exactly! We need to be aware of our online presence and the associated risks.

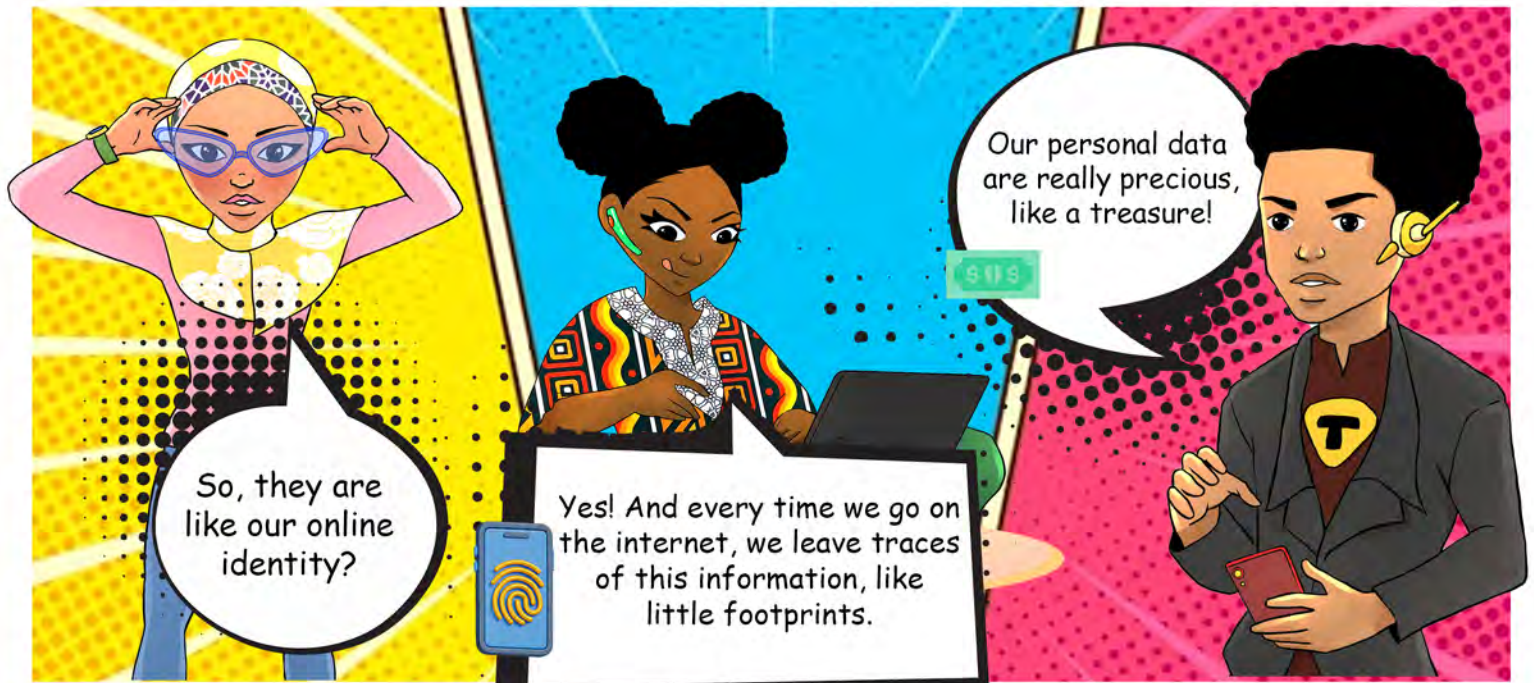


This kit helps us keep our online privacy safe and make sure we're secure on the Internet.




Let's get ready to protect our personal info online!







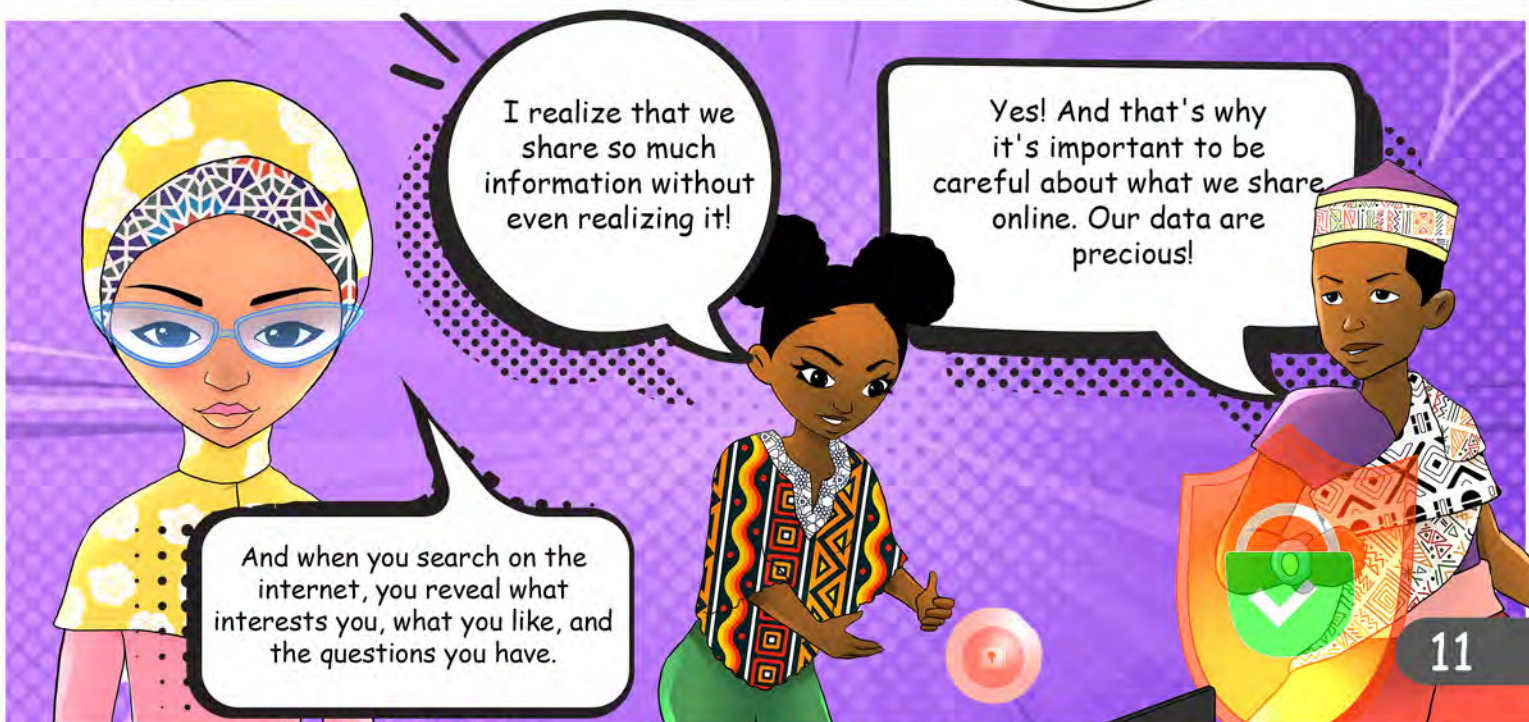
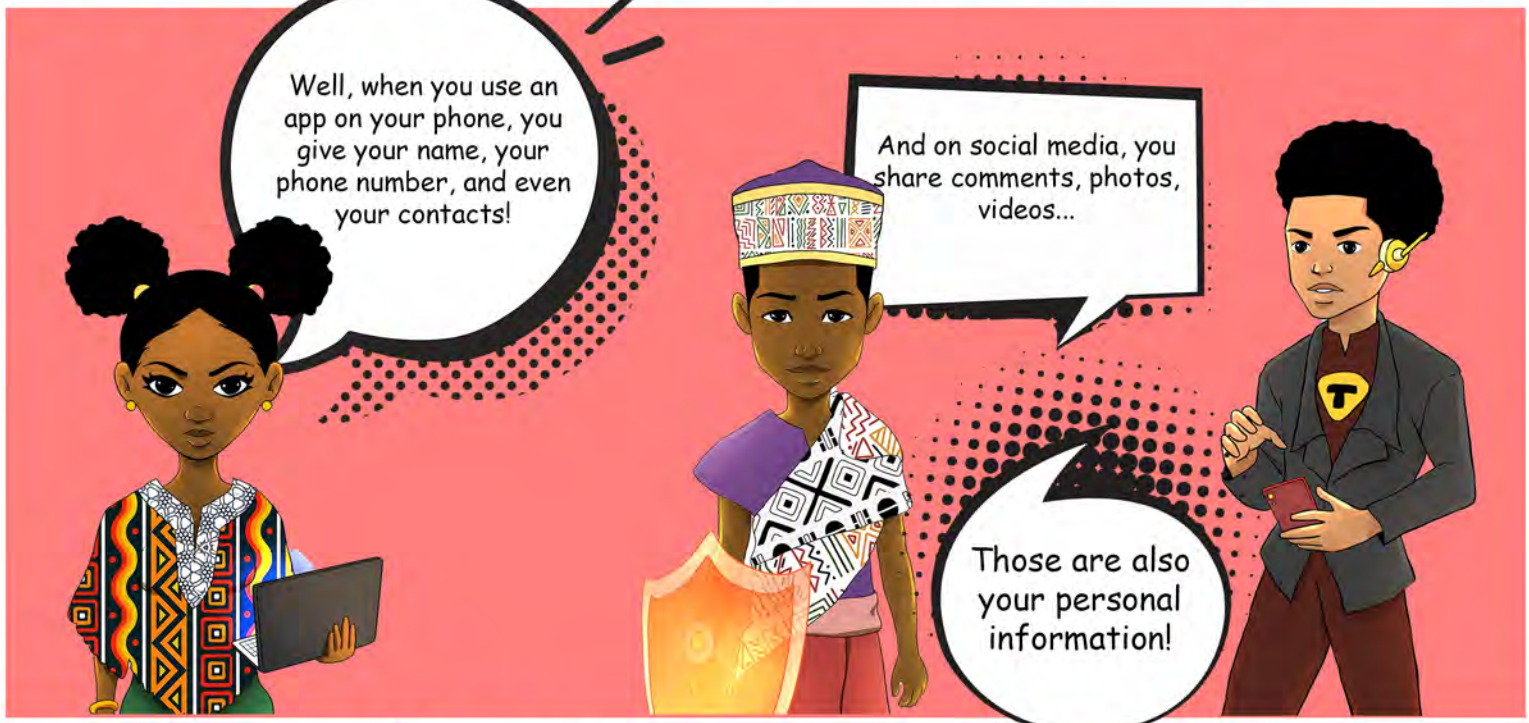
  
If someone else gets your data, they can pretend to be you on social media or make online purchases using your identity!



By learning to protect our personal data, we can protect our identity, our money, and our privacy.



## 2 : Protecting Your Privacy Online



But how are these pieces of information collected?

When you sign up on a website or an app, you often have to fill out forms that collect information about you.

Information collection also happens through text file known as "web cookies" or "browser cookies."

Ah yes, exactly! They always ask for our name, email address, etc.

They're small text files stored by a server on your computer, tablet, or phone.



Cookies can be used to remember the language of the webpage, your client ID, the contents of your shopping cart, the ads you click on, etc.

Why are our information collected?

Often, it's to offer you "personalized advertising," also called "targeted advertising."


And mobile apps can collect data such as your location, your contacts, and even your interactions with the app!

The ads you see on the internet are tailored to your interests, online behavior, or the personal data that companies have about you.






Social media is like an online playground where you can meet friends, share photos, and ideas. But be careful about what you share and who you share it with!



Don't share personal information with strangers online. This could compromise your safety both online and in real life.

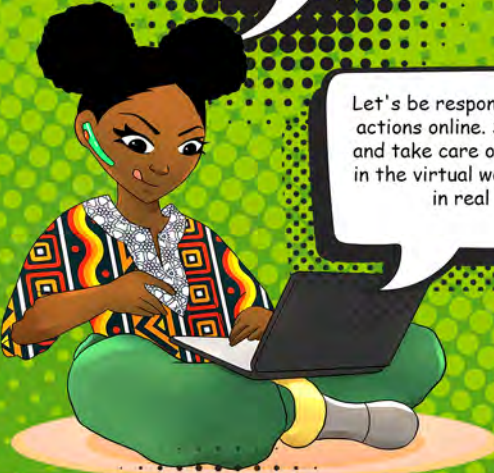
Don't share too much personal information online. Think carefully before you post or provide any information.




Remember, every action online leaves a trace.

Think about it before you share. Check the privacy settings on social media platforms like Facebook, Instagram, or TikTok. Respect others' privacy and use respectful language online!

And stay safe by avoiding sharing sensitive information like your address, your school's name, or your travel plans.



This is essential to fully enjoy the online experience in a safe and responsible way.



Emails and messages are very useful but can hide viruses and scams. Be careful!

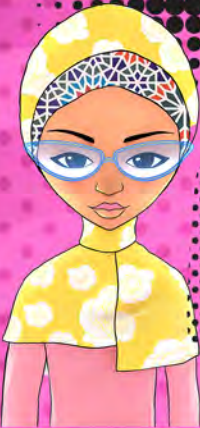
Let's be responsible for our actions online. Stay vigilant and take care of each other in the virtual world just like in real life!

Never click on links or open files sent by unknown people. They could contain viruses (Malicious software) that can damage your computer or even steal your personal information.


Don't trust unknown sources online.

That's why it's crucial to keep our personal information secret online.

**TOP SECRET**



Malicious software can spy on what you do online or steal your passwords and personal information.



Stay careful and never share your personal info with strangers online.

### 3: Security and Privacy

Apps and online services are everywhere in our digital lives. We use them for everything, from games to studies to entertainment.

Check the permissions granted to apps because some may ask for access to your photos, contacts, or even your location. If needed, ask for advice from a trusted adult like your parents or teachers.



Every action you take online leaves a trace, it's your footprint.



Only get apps from safe places like official app stores. Also, check who made the app to make sure it's safe.

So, think about the traces you leave behind.

It's super important to think before posting online. Let's create a safe and positive online presence together.

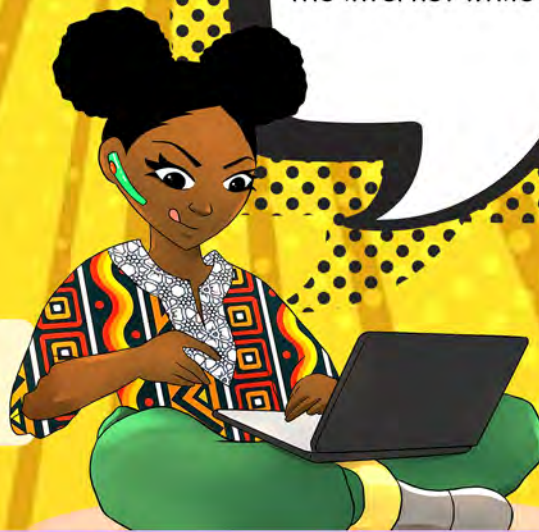
Every comment, like, photo, or video you share on social media can have an impact on your image and online safety.

Communicating online is quick and easy. The words you use can have a big impact on others.

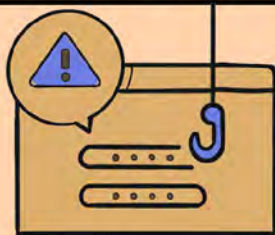


Even online, our words can hurt or comfort the people who read them!

Respect others' privacy just like you want yours to be respected. Don't share information about others without their permission. This will help protect everyone's privacy. By following these tips, you can enjoy the internet while keeping your privacy safe.




It's crucial to create and use different, strong passwords for each of your online accounts. Avoid obvious passwords like 123456 or password. They're too easy to guess.



Be vigilant about phishing (a technique used by scammers to get personal information) and online scams. Never share sensitive information in response to an unsolicited email or message! No legitimate website or service will ask you to share your passwords.

You can use a password manager. It helps you store many strong and unique passwords safely and efficiently. Bitwarden is a free and easy-to-use password manager.







Strengthen your online security with a VPN (Virtual Private Network) that lets you connect safely. Proton VPN has a free version.




Keep your devices up to date by regularly installing security updates. These updates often fix important security issues.



Use antivirus software to protect your devices from cyber threats. Take advantage of the free versions offered by Avira and Bitdefender!



Download apps only from trusted sources. Always check the permissions they ask for before installing them.



Be careful with public Wi-Fi. These networks are not always secure. Avoid online shopping or accessing sensitive information when connected to public Wi-Fi.



Lock your screens to prevent unauthorized people from accessing your personal data by using a PIN or a pattern. It's a simple and effective way to protect your devices.



Explore and get familiar with the privacy settings of your online accounts.



This way, you can control who can see your information online and adjust it to your desired level of privacy.



# 4: Responsible Internet Use and Privacy



It's essential to understand the impact of your online actions. So, before you post something, always think about the consequences.



It's important to respect others and treat them with kindness, even online. Let's help create a more positive internet for everyone!

Check the reliability of your sources: don't believe everything you read on the internet.  
False information can be misleading! And avoid sharing unverified information.

Balance your online and real-life time. Control how much time you spend online. Spending time without screens is good for your mental and emotional health.



Absolutely, because spreading false information can have serious consequences.

Be mindful of your screen time because it's easy to spend too much time online without noticing.



And if it starts to hurt other parts of your life...



...it's important to cut down on screen time.

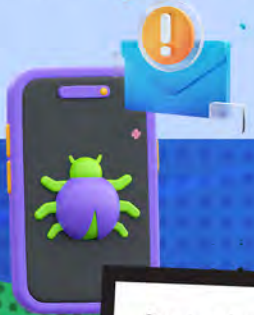


Be careful about the personal information you share online, especially with people you don't know! Tip: use a nickname instead of your real name. This way, you can browse the internet incognito.

Yes, it'll help you stay focused, energetic, and connected with the world around you.

When playing games online, don't share personal info and be careful talking to strangers. With the right attitude and practices, you can play online in a fun and safe way.

It's important to recognize cyberbullying and online harassment. If you experience cyberbullying or harassment, talk to a trusted adult about it.



Don't hesitate to ask for help when you need it. It's crucial to feel supported and protected. Together, we can fight cyberbullying and create a safer and more respectful online environment for everyone.

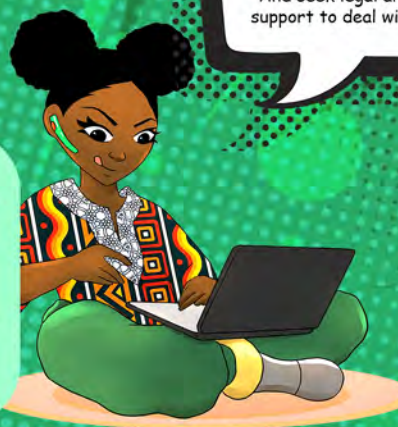


Protect your privacy. Sharing intimate photos has serious consequences. Unauthorized sharing of intimate photos or videos is a serious issue on the internet.



Also remember to report the incident immediately to the platforms concerned so that the images can be removed. And seek legal and psychological support to deal with the situation.

Talk to your parents about the risks of sharing intimate images and ask for their support if needed. If someone shares intimate photos without your permission, gather evidence like screenshots or URLs, anything that can be useful



Also, change your passwords and review your privacy settings on social networks.



Ask for help to understand the internet laws in your country. Being informed about what you can do and what is forbidden is essential for navigating online safely.



You've reached the end.

Discover our game on the last page and  
put your knowledge to the test.

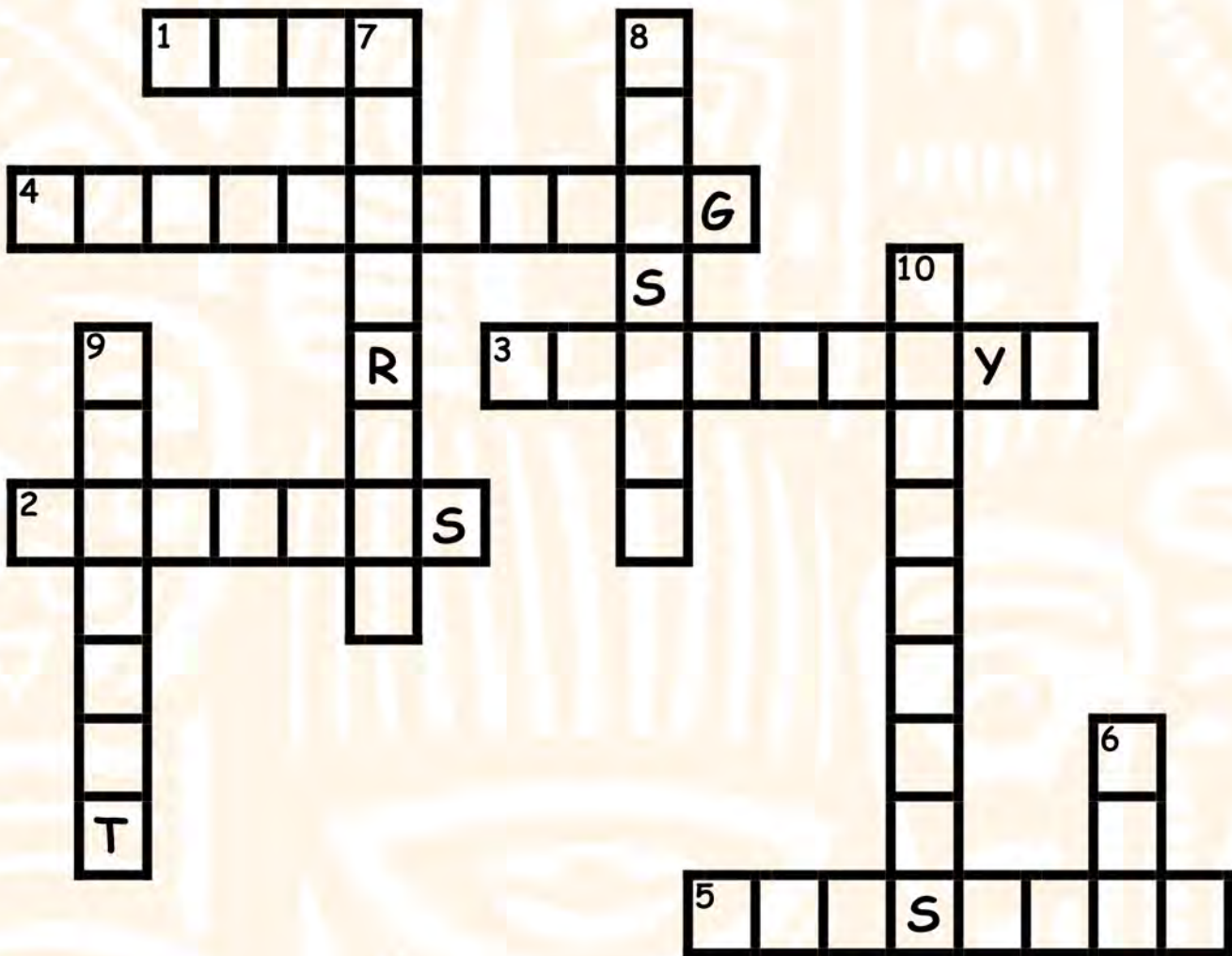
Now it's your turn to play!



**Credits**

Character Illustrations: Sop Brenton Jones | @brenton\_draws  
Graphic elements: freepik.com | envato.com

# Crosswords for young adventurers



## Horizontal

1. Wireless networking technology that allows devices to seamlessly connect to the internet via radio frequencies.

2. Small files stored by a server on your computer, smartphone, connected gaming console, etc., which track your online activities and can collect information about your preferences and browsing habits.

3. A fictional name you can use online instead of your real name.

4. Message or advertisement that often appears online, trying to convince you to buy something or visit a specific website.

5. Term referring to a fraudulent technique aimed at tricking you into disclosing your personal data (login credentials, passwords, etc.) by pretending to be a trusted third party.

## Vertical

6. Online protection tool that creates a secure tunnel between your device and the internet, thus hiding your IP address and encrypting your data.

7. Vast global communication network that connects millions of computers and devices worldwide.

8. Voluntary and informed agreement you give before your personal data is collected, used, or shared online.

9. Action of safeguarding the security and integrity of your personal data against online threats such as hacking, identity theft, and unauthorized access.

10. Software designed to detect, prevent, and remove malicious programs from your electronic device.

# Crosswords answers

## Horizontal

1. WIFI
2. COOKIES
3. PSEUDONYM
4. ADVERTISING
5. PHISHING

## Vertical

6. VPN
7. INTERNET
8. CONSENT
9. PROTECT
10. ANTIVIRUS



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